Integricare
DERMATOLOGY
YOUR SKIN, OUR JOURNEY

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Upton's Paste for Verrucae (Warts): Patient Use & Instructions:

1. After showering, paint clear nail polish (can be coloured if you don't mind seeing the colour) on the healthy skin surrounding the wart.

2. Apply a thin layer of Upton's paste over the central wart area covering the entire wart but not enough to extend to the normal skin.

3. Cover with plaster for occlusion (such as Elastoplast, or equivalent).

4. Leave until the next day when showering / bathing (1 day).

5. Remove tape and wash removing as much of the white skin debris as possible (using a pumice stone or if confident, gently and very carefully with a razor blade, without causing pain or bleeding.

6. Repeat steps 1 to 5.

7. The process will require several weeks to months of commitment with follow-up as discussed.

8. Any problems, issues or concerns, please telephone or email the rooms.